

# About The Sick Children's Trust

- **We believe** keeping families together significantly improves the recovery of seriously ill children.
- **We provide** free, high-quality 'Home from Home' accommodation, as well as emotional and practical support, to families with sick children in hospital in the UK.
- Our houses **support the whole family** so they can stay close to their sick child's bedside.
- We have ten 'Homes from Home' at **leading children's hospitals** across the country.
- We support over **4,000 families every year**.
- We rely entirely on voluntary donations to keep our 'Homes from Home' open **24/7, 365 days a year**.

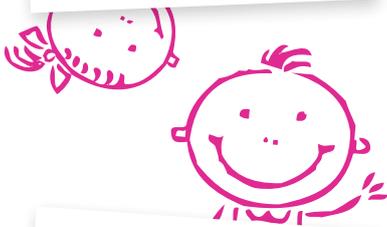


## Meet Isobella

Just after turning one, Isobella was rushed to hospital after becoming seriously ill at home. There, she tested positive for bacterial meningitis. She required specialist treatment at Addenbrooke's Hospital in Cambridge and we supported her family at Acorn House.

*"It was the darkest time, and they offered us a helping hand by making sure we were able to stay there, by our daughter's bedside. They relieved our stress, gave us comfort and most importantly kept our family together when it mattered most"*

Jenny, Isobella's Mum



## Meet Thomas (and his big sister Daisy)

Thomas was born with a rare heart condition which meant he needed a heart transplant at Freeman Hospital in Newcastle upon Tyne. We supported his family at Scott House and Thomas' sister Daisy even moved schools so she could be with her brother.

*"Having Daisy with us makes a world of difference to Thomas. Daisy brings a huge smile to his face when she visits – he looks for her and once he sees her, he beams."*

Dave, Thomas' Dad



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**we're here, so you can be there**

Registered Charity No. 284416

# What is the **Pyjama Party**?

**The Sick Children's Trust's** annual Pyjama Party is a fun-filled day where children are sponsored to come to nursery or playgroup dressed in their favourite pyjamas. The money raised will support families with sick children in hospital in the UK.

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## How to host a brilliant Pyjama Party

1. Choose a date and let families know - fill in your A3 poster and give each child a sponsorship form to take home.
  2. Choose your activities for the day (we've included some resources in your pack and you can download them from our website).
  3. Host your Pyjama Party... staff can join in too!
  4. Collect the sponsorship forms and donations – don't forget to colour in your totaliser poster!
  5. Pay in the money raised.
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## Now the fun stuff... activities for your **party**

### Get creative

- Colour in and name a 'Home from Home' (using the template enclosed). You could create an artwork display and give a prize for the best picture!
- Design your dream pyjamas. Send us your best designs and we'll feature them on our social media.
- Make thank you cards for the children to give to people who have sponsored them.
- Ask the children to draw a picture of their family.
- Ask families to make cakes for a bake sale.

### Get active

- Play hop, skip and jump – how many can the children do in one minute?
- Musical statues.
- After a busy day of activities, why not play sleeping lions – whoever is quietest and remains still for the longest gets a prize.
- Split your class into two teams and see which group can build the biggest tower using building blocks.
- Teddy bear picnic – ask the children to bring their favourite teddy to nursery or playgroup and encourage them to eat lunch together.

