

Sporting Events

If you're a bit of an athlete or just need an incentive to get active, then a sponsored sporting event will put you on the right track!

If you're up for a real challenge then apply for one of our Golden Bond places to run in the London Marathon – there's nothing quite like crossing the finishing line of a 26 mile race!

Michael O'Keefe was part of The Sick Children's Trust's London Marathon team 2008 and says 'there were times during the London Marathon that I was totally exhausted and I certainly hit the famous runners 'wall', but simply knowing that I'd be helping families in their time of need really spurred me on and helped put one foot in front of the other. Having a child in hospital is a traumatic experience for the whole family, so I'm incredibly proud that by reaching the finish line I have been able to keep families together when they need each other the most, after all families are better together.'





“ After hearing about the amazing work of The Sick Children’s Trust, I knew immediately why something had possessed me to run the marathon! ”
Natasha

We also have places in the BUPA 10,000 in London – this popular road race takes you past all the famous sights, from Westminster Abbey all the way to Buckingham Palace!

And especially for the girls - why not show the boys how it’s done and take part in the 5k Challenge which takes place in London, Birmingham and Liverpool – it’s a fun day out for women of all ages and abilities – so Grandma can join in too!

As well as these sporting events there are hundreds of others from running, to walking, to cycling, to swimming, all over the UK that give you the perfect chance to get fit and support The Sick Children’s Trust at the same time!

For further information contact our Community Fundraiser on 020 7791 2266 or email info@sickchildrenstrust.org



www.sickchildrenstrust.org